



IN-PERSON

Postpartum Support Group

WILTON, NH



Gather with other postpartum parents and newborns to talk about how you're healing, what thoughts and feelings you're exploring, and learn together that it truly takes a village.

We are here for you!

WHEN

4th Friday of the month,
9:30-11am

WHAT'S INCLUDED

- ✓ Community
- ✓ Guest speakers
- ✓ Safe, secure location

WHO CAN ATTEND

Parents and newborns who are in their "fourth trimester" or are within the first 12 months or so postpartum.

If you are beyond those first 12 months postpartum, you are welcome to attend as long as space permits.

WHERE

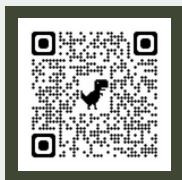
Wilton Community Center
21 Gregg St, Wilton, NH

COST

free

CONTACT

Kizzy Bailey
(603) 391-5738



REGISTER NOW

Scan this code or visit:

holisticbirthandbeyond.com



MEET KIZZY, BEKAH & ASHLEY

These three doulas are expert space holders and resources for those navigating the postpartum chapter.